

# CONCORDIA SKI TEAM



1994

MOLSON DRY



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DRY

*Brassin extra-sec<sup>no</sup>*

LE GOÛT EN TÊTE

## CONCORDIA SKI TEAM

The Concordia University Ski Team is an independent organization run on campus. We are a self-governed, self-motivated team which competes against 10 other universities throughout Quebec and Canada.

Our season begins in the early weeks of the fall semester. At this time, we aim at conditioning our athletes through vigorous dryland training four days a week in preparation for the winter months.

During this period we maintain a very large squad of competitors, and it is not until after our snow training camp in the beginning of January that our racing squad is actually chosen. At this point 30 athletes are psyched and motivated for the 10 races that are to follow throughout the winter.

The circuit is a very demanding one with 160 racers competing on a regular basis. Many of these athletes have performed at all levels of ski racing in the past, thus promoting a very competitive atmosphere.

Ski racing is the main goal of our team, but while the team strives at promoting excellence in skiing we have also created a family. The people that we have become acquainted with during our time on the team may turn out to be life time friends. We are all on the team as racers but we are also there as students and this we hope will be a winning combination for the future.





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***GOOD LUCK TO THE  
"CONCORDIA SKI TEAM!"***

## 1993 TEAM



**Top row:** Julie Klotz, François Boulais, Mike Smith, Richard Aberrahane, Duane Baird, Andrew Stoker, Brad Tagieff, Meredith Flannery, Brian Anderson (Captain), Derek Burgen, Stephane Rivard (Coach),

**2nd row:** Mark Tilden, Patrick Painchaud, Taro Itoh, Dany Holland, Nancy Smith, Heidi Fournier, Toni Rikley, Genevieve Fauteux,

**3rd row:** Donna Dalton, Judy Ameli, Bernie Druxerman, Sandy Klasa, Desmond Farrel, Jen Flemming, Steve Barkman.

**Missing:** Natasha Zeitler, Chris Shabott, David Oxilia, Stephanie Daigneault, Greg Soucie, Allek Skeie, Nick Lepipas

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## Good Luck Concordia Ski Team!



## UNIVERSITY ALPINE SKIING 1994 SEASON

DATES	LOCATION	RACE	HOST UNIVERSITY
January 15-16	Garceau	GS	Montreal - McGill
January 29-30	Val St. Come	SL	UQAM - Concordia
February 12-13	Stoneham	GS	Laval
February 26-27	Rimouski	SL	UQAR

## PROVINCIAL UNIVERSITY CHAMPIONSHIP

DATES	LOCATION	RACE	HOST UNIVERSITY
March 11-12	Orford	SL & GS	Sherbrooke - Bishop

Participating Universities: Bishop, Concordia, Laval, McGill, Montreal, UQAM, UQAR, UQTR, Sherbrooke, Ottawa



## UNIVERSITY ALPINE SKIING 1993 RESULTS

<u>Womens</u>	<u>Mens</u>	<u>Combined</u>
1. McGill	UQAM	Laval
2. Laval	Montreal	McGill
3. UQAM	Laval	UQAM
4. Concordia	Concordia	Montreal
5. Montreal	McGill	Concordia
6. Ottawa	Bishop	Bishop
7. Bishop	Sherbrooke	Ottawa
8. Sherbrooke	Veterans	Sherbrooke
9. Veterans	UQAR	Veterans
10. UQAR	Ottawa	UQAR

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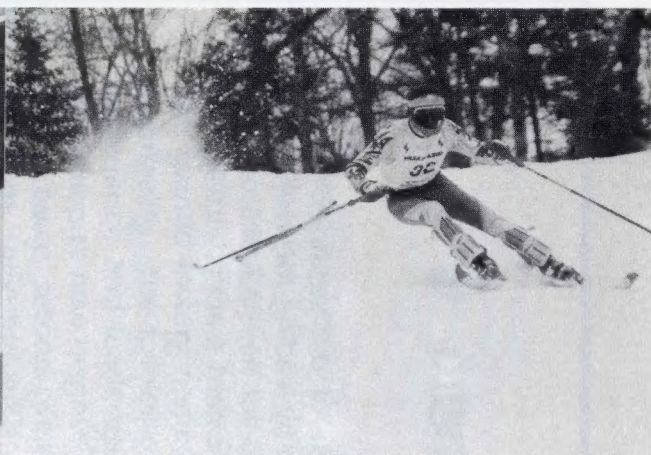
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❄ **FEMALE M.V.P.** ❄

**Judy Ameli**

Throughout the last three years, Judy has been one of our stronger racers. However, last year she brought herself to a new level by leading the women to another successful year. Judy is back with the squad for her final season and hopes to improve to yet another level and lead the women's team to victory.

❄ **MALE M.V.P.** ❄

**Mark Tilden**

Once again Mark was an incredible force on our team, consistently finishing in the top ten. Mark's work ethic and desire to do well were an inspiration to the rest of our squad. Mark has now graduated and left us a gap that will be hard to fill. We wish him all the best.

❄ **ROOKIE OF THE YEAR** ❄

**Stephanie Daigneault**

Stephanie made her presence known on the circuit last year with many respectable finishes. She showed improvement throughout each race and has the potential to be a dominant force in the future.

❄ **ROOKIE OF THE YEAR** ❄

**François Boulais**

François hit the circuit last year with fire in his eyes. His aggressive all or nothing style earned him some top ten finishes and placed him consistently in the top fifteen. He was an inspiration for the other rookies as well as many of the vets.

❄ **DENISE BEAUDET AWARD** ❄

**Julie Klotz**

This award is given to the athlete who strives both on and off the slopes, which is exactly what Julie did from the minute she joined the team four years ago. In her first year, fresh off the national ski team, she dominated the women's circuit. Admirably, Julie's race results made her competitive with many of the top males. She gained instant respect for her skiing abilities as well as for her strong personality. The following year Julie was chosen as captain and through her experience and leadership abilities, she brought the team and the entire federation to new heights. In her four years on the team, Julie has finished first overall twice, second overall once, and has consistently been an inspiration to the team. Julie has left a permanent mark and will be deeply missed by both our team and the circuit. We wish her all the best.

❄ **ACADEMIC EXCELLENCE** ❄

**Allek Skeie**

This award is given to the athlete who demonstrates athletic abilities as well as academic. Allek managed to devote his time successfully to the ski team and obtain a 3.5 G.P.A.; this is an achievement that is often underrated. Allek is an inspiration to all of us and an example that sports and academics can both be done successfully.

❄ **MERIT AWARD** ❄

**Brian Anderson**

**Duane Baird**

The merit award is given to the athlete who goes out of the way to help his or her team.

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## COACH'S REPORT

Upon approaching my fourth season as coach of the Concordia Ski Team, I have been amazed by the variety of skiers that try out for our team. Each year skiers from all regions; Canada, France, Lebanon, and Japan are united together for our annual ski camp. They bring with them a world of

knowledge and experience creating a stimulating environment. The camp gives them an opportunity to learn about different cultures and exchange ideas.

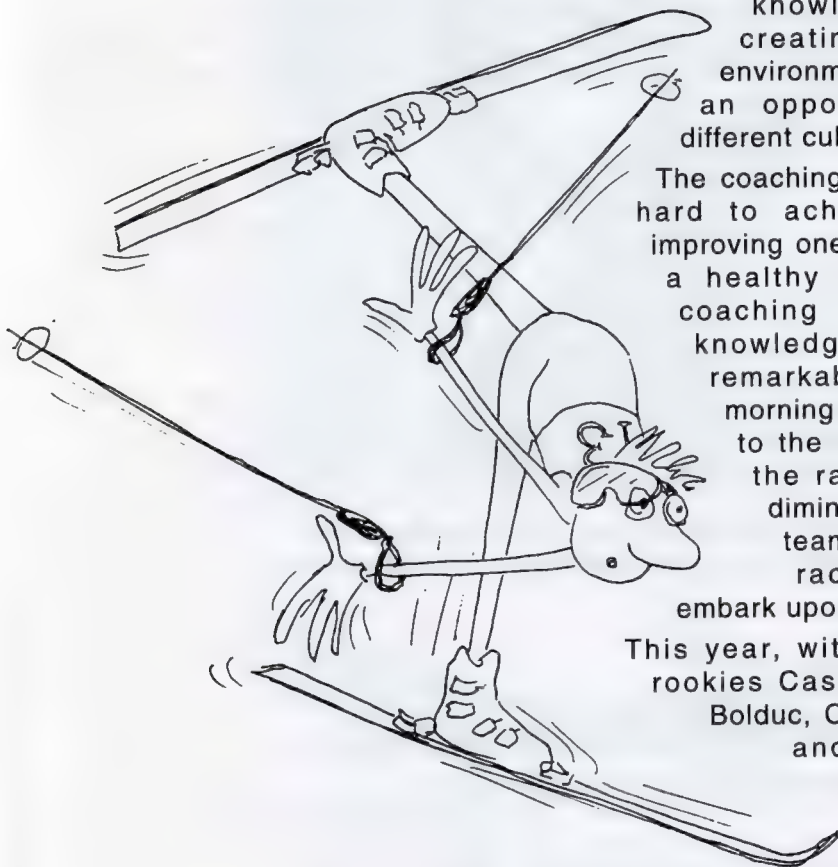
The coaching staff and the racers work hard to achieve many goals from improving one's skiing ability to creating a healthy team spirit. With the coaching staff's abundance of knowledge, skiers improve at a remarkable rate. From the early morning dry land training sessions, to the late night video sessions, the racers' enthusiasm never diminishes. By week's end, the team is selected and the final racing squad is ready to embark upon a new season.

This year, with the addition of young rookies Cassandra Price, Alexandra Bolduc, Clive Redina, Ryan McGraw and Jeff Riesman to an already existing strong veteran squad comprised of Judy Ameli, Duane Baird,

Sandy Klasa and Nick Lepipas, the team is showing much promise.

*We are aiming high and are ready for the challenge...*

Stephane Rivard  
Head Coach  
Concordia Ski Team





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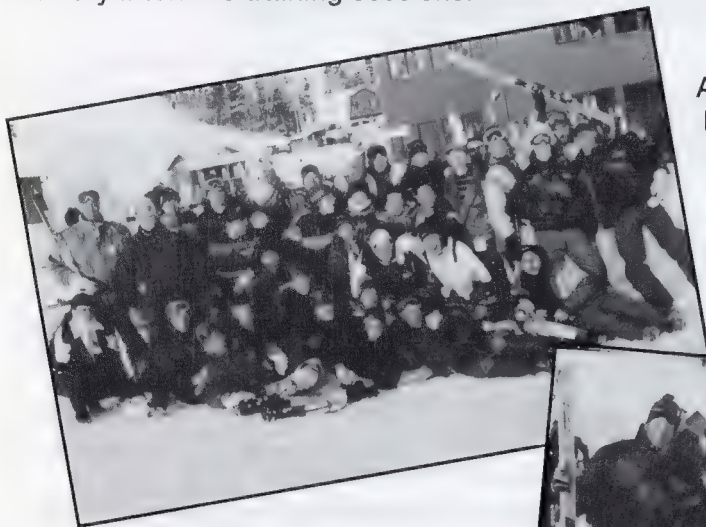
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## SKI CAMP 94

This year's Ski Camp was held at Mt. Val St. Come for the eighth year in a row. The skiing here has always been excellent due to the magnificent job of snow making and grooming, and a staff that has been more than cooperative in aiding us to make sure our week runs smoothly. This year was by no means an exception, with the mountain receiving up to two feet of snow shortly before our arrival, and closing off a run for our personal use, allowing for very intensive training sessions.



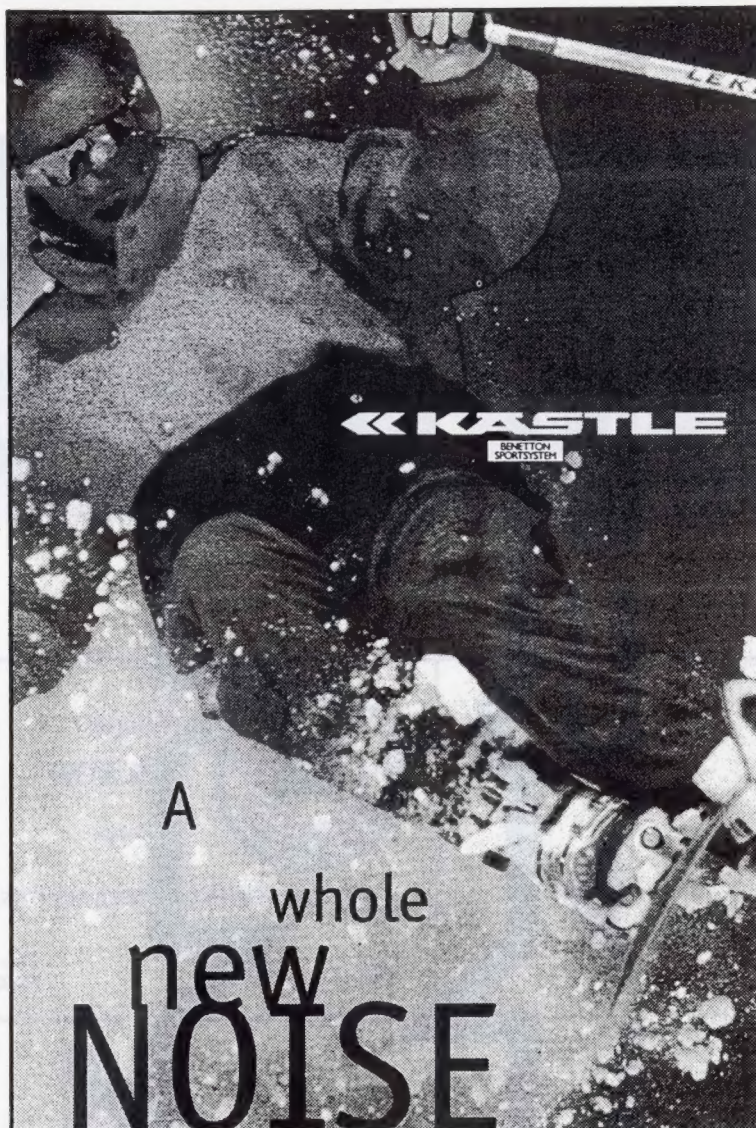
Although the temperature was nothing less than arctic, leaving many of our cars stationary for the week, it seemed to be overshadowed by the impeccable conditions. Everyone was anxious and excited for a productive week.

It was now up to head coach Stephane Rivard, assisted by Judy Ameli, Michelle Martin, François Boulais, Allek Smith, and myself, to train and finely tune this year's squad, all within a week's time for the year's first race at Mt. Garceau.

A definite challenge and one which was well met by a young talented bunch of racers who showed consistent improvement and willingness to learn throughout the week. By the end of the week, not only was the squad race ready, but as well, there was a sense of togetherness, a sense that yes, we are no longer individuals but rather a team. As Nick Lipipas said the last day of camp, "Bring on Garceau, we're ready!"



Brian Anderson  
Promotional Director  
Concordia Ski Team



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